

SACRED NATIVE AMERICAN HEALING SPRING



Medicine Man Lithia Springs GA

At a time before known history, humans made pilgrimages to Lithia Springs to drink its healing waters. The rituals of the medicine men invoked the natural and supernatural healing powers of the spring and its water. Neolithic artifacts discovered at Lithia Springs attests to prehistoric visitations thousands of years ago.

Since prehistoric times people have made pilgrimages to sacred springs, like Lithia Springs, where they drank Mother Earth's healing water. Around the world and throughout the ages special pristine springs, where healing water flowed from the deep depths of the earth, were revered. The ancients believed that these types of springs embodied the healing powers of Mother Earth in its purest primordial form.



Ancient texts refer to sacred springs as immortal living beings, intermediaries between the material world and the spiritual world, serving as a mechanism to heal and elevate the human body, mind, and spirit. On the site of these sacred springs, magnificent megalithic temples were built to pay homage to the great spirit of life and to act as a conduit between Mother Earth, the cosmos, and mortals. Tremendous effort, labor, dedication, and



time went into the creation of these temples that acted as beacons for future generations of health seeker to drink Mother Earth's health-giving waters.

Lithia Water Discovered 1880's

The tradition of cleansing and healing the body and spirit by drinking water from sacred healing springs



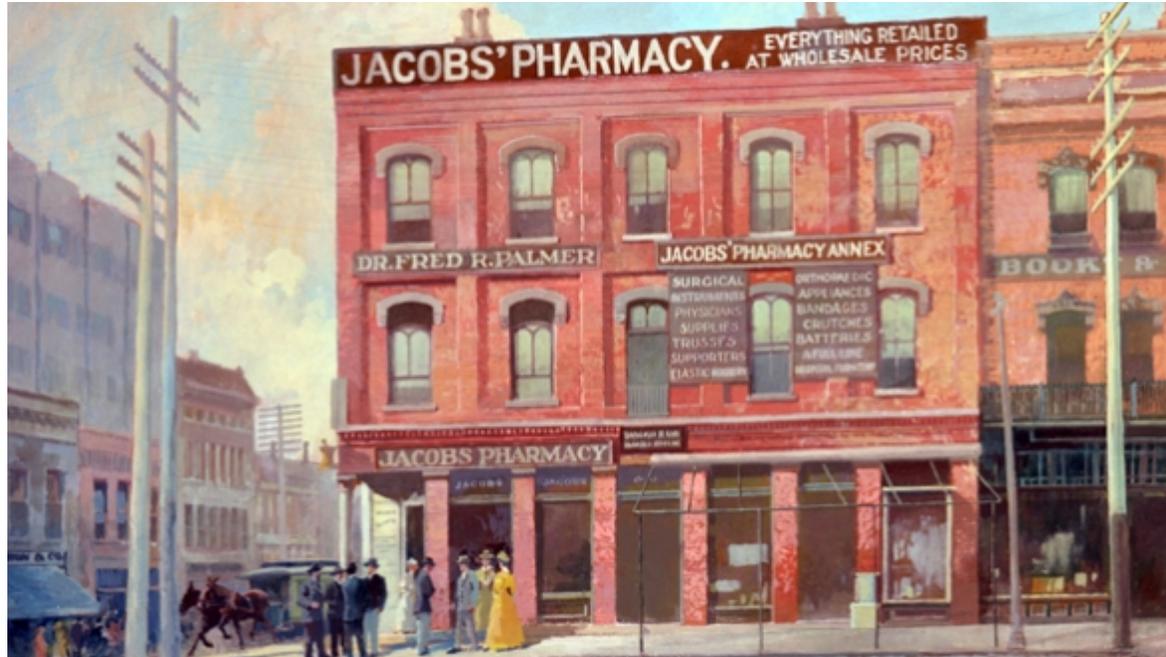
1888 Lithia Spring
Original Bottle

has been central to humans from time immemorial. In the 1880's scientific analysis were conducted on rare health enhancing spring waters to examine their mineral compositions. What was discovered, when Lithia Springs Water was analyzed, is that it contained trace amounts of lithium.

The science of the time concluded that this rare water's health enhancing properties were the results of its natural

lithium content, therefore the term Lithia Water was born. Doctor's of this era believed in the holistic importance of Lithia Spring Water's source. They considered the synergistic relationship between earth energy potentiating the water's micro-nutrient constituents, and its rare lithium content that made it all healthful; "The whole is greater than the sum of its parts. — Aristotle (384–322 BC) "

1886 Glorious Era Begins



In 1886 the first *Coca-Cola syrup fountain drink mixed with carbonated Bowden Lithia Spring Water and served at Jacob's Pharmacy located at the corner of Peachtree and Marietta streets in downtown Atlanta. This delicious refreshing soda drink was served at Jacob's Pharmacy for many years. Lithia Spring Water is Atlanta's Water of Legends. This was the beginning of a golden era of bottled Lithia Water.



1886 Judge Bowden bought the springs and began bottling Lithia Spring Water under the brand name Bowden Lithia Water. So popular were the reported health benefits of the Bowden Lithia Water it soon became one of America's most popular bottled water brands. In fact, it was prescribed by doctors all over the United States for many types of ailments. That same year the Sweet Water Park Hotel health resort opened and served Bowden Lithia Water to all its guest. The popularity of the water was so great that the springs daily production could not keep up with demand. Success was also great for the Bowden Lithia Water Co, so much so that in 1891 a group of investors led by Judge Bowden purchased the

300 room Sweet Water Hotel located at Lithia Spring, GA. The rich and famous of this glorious era traveled to Lithia Springs and stayed at the Luxurious SweetWater Resort. Presidents Grover Cleveland, William Howard Taft, William McKinley, Theodore Roosevelt, the Vanderbilts, and Mark Twain drank Lithia Spring Water that was purported to enhance health and longevity. A miniature train "the little Anna" took guests from the Sweet Water Hotel to Lithia Springs glass topped marble pavilion.

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1914 Glorious Era Ends



In 1914 the world-renowned Sweet Water Hotel was burned to the ground by a mysterious fire. It was rumored that the fire was started as a scheme to steal 3 large chests of gold and money from a rich widow who was living at the Sweet Water Hotel. It was an end of a Glorious Era. Now, 130 years later you can still enjoy the Water of Legends, Lithia Springs Water. It was an end to a Glorious Era, but it was the beginning of a new Era for Lithia Spring Water.

"We are a people who are neither happy nor healthy because we have forgotten the healing powers of mother earth"

Mourning Dove (Humanism) Native Indian Writer 1884-1936