

LITHIA[®]

Since 1888
Mineral Spring Water



IMMUNE BOOSTER

BOOST YOUR IMMUNE SYSTEM

Your immune system is your body's first line of defense

When your body senses a virus or bacteria (antigens), your innate and adaptive immune systems work together to identify and kill them. If you have a boosted healthy immune system you will usually get over the flu or cold fast, often with minor symptoms. But, if your immune system is compromised a virus can harm or even kill you. Now, it's essential to boost your immune system!

Lithia Spring Water's 15+ Ionic Micro-Nutrient Electrolytes

have positive health benefits for your body, mind, and immune system

- a) Flushes Toxins and Free Radicals from Body,
- b) Oxygenates Blood,
- c) Assists Body in Producing Lymph Fluid,
- d) Superior Cellular Hydration.

Lithia Spring Water Naturally contains 500 mcg/L of Lithium that helps promote and build a strong immune system. *Lithium is known to stimulate several signaling immunological pathways, which are directly involved in the activation and modulation of the innate immune system and adaptive immune system, your body's first line of defense.

*2019 Journal of Pharmaceutical Research: Lithium: Immunomodulatory and Anti-Infectious Activities- Authors: Gujjari Lohitha and Prati Pal Singh Centre of Infectious Diseases, Department of Toxicology, Research, S. A. S. Nagar, Punjab, India

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Lithia Spring Water

Fountain of Youth™



222mg/L Sulfate Easy 5-Day Liver Detox & Cleanse

Lithia Spring Water contains 222mg/L of Sulfate (SO_4^-) fuels liver's Sulfation Phase II production of enzymes & removes harmful fat-soluble toxins from body. 16 Fl Oz before breakfast and 16 Fl Oz before dinner for 5-Days.



4,230 $\mu\text{S}/\text{cm}$ High Conductivity Cellular Hydration

33-trillion cells in your body transmit and receive bio-electrical energy. High conductivity ionic electrolytes hydrates and energizes cells. Sodium(Na^+), Chloride(Cl^-), Potassium(K^+), Calcium(Ca^{2+}), Magnesium ($\text{Mg } 3s2$).



Alkaline pH 7.4 Body's Perfect Natural Balance

Your body functions optimally at 7.4 pH alkalinity. Lithia Spring Water's ionized alkaline minerals survives the acidic stomach's digestion system (1.5 to 3.5 pH) helps build body's balanced 7.4 pH Alkaline buffer system.



500 mcg/L of Lithium & Aging Brain Syndrome

Our brain begins to structurally deteriorate as early as 30 and continues with age. Lithia Spring Water contains 500 mcg/L of Ionic Lithium may improve focus, clarity, memory, protect neurons from toxins, & mood elevator.



500 mcg/L of Lithium Immune System Booster

LITHIUM ($\text{Li}3$) is known to boost the innate and active Immune System. Modern life styles, stress, and diet may weaken the immune system making it vulnerable to viruses. Boost your Immune System Health.



68 mg/L Silica Beautiful Skin, Hair, & Nails

Lithia Spring Water's 68 mg per liter of ionic Silica (Si) increases collagen production facilitating skin hydration, improved complexion, hair growth, lustrous hair, strong nails & helps improve bone density.